

# MID-WESTERN CARING HEARTS 5K RUN/WALK

**SATURDAY, MAY 11, 2019**

*Mid-Western Children's Home*  
4581 Long Spurling Road, Pleasant Plain, Ohio 45162



<p><b><u>Registration Costs and Dates</u></b></p> <p><b>May 1, 2019</b> ⇒ \$25 pre- registration ⇒ Guaranteed t-shirt</p> <p><b>May 2, 2019 until race day</b> ⇒ \$30 registration ⇒ t-shirt available for purchase while supplies last</p>	<p><b><u>Family Registration</u></b></p> <p>⇒ \$100 per family ⇒ Single household ⇒ 4 t-shirts included* ⇒ Add'l t-shirts @ \$10/ per shirt*</p>	<p><b><u>Sponsor</u></b></p> <p>⇒ \$25 ⇒ Sponsorship will allow a Mid-Western resident to participate!</p>
	<p><b><u>Sleep in special- (No run)</u></b></p> <p>⇒ \$20 ⇒ t-shirt</p>	<p><b>Pet Friendly (on a Leash) &amp; Kid Friendly (no leash required)</b></p>

**\*T-shirts guaranteed only to those who pre-register by May 1, 2019**

**REGISTRATION/CHECK-IN:** Begins at 8:00 a.m. - 8:45 a.m.

**START TIME:** Race begins at 9:00 a.m.

**COURSE:** 3.1 miles, relatively flat with a few gradual inclines, some road and some off road

**DIVISIONS:** 12 & under, 13-18, 19-39, 40+

**AWARDS:** First place and runner up in each category, overall winner male and female.

**REFRESHMENTS:** Available to all participants after the race

**PARKING:** At Village Christian School.

**EVENT HELD RAIN OR SHINE/NO REFUNDS**